

Asthma Management, Care Planning, and EXHALE Guidelines

• • • June 11, 2026

11:00 A.M. – NOON

[REGISTER HERE](#)

By attending this webinar, you will have the ability to apply evidence-based asthma assessment, monitoring, and management strategies, including development and implementation of asthma care plans, to improve patient outcomes across the lifespan.

CONTENT

- Discuss CDC's EXHALE Strategies, including rationale for asthma education, smoking reduction, home environment management, Assessment/monitoring/medications for treatment and emergency preparedness for people with asthma.
- Introduce Asthma Care Plans, with examples, and rationale for sharing this plan with family/friends/educators/employers.
- Discuss asthma care planning for best quality of life for different life stages.

FEATURED SPEAKER:

BRENT VAN HAM, MS, RN, CDC, CADC

Research Project Coordinator, SIU School of Medicine

Brent Van Ham holds a Master's degree in Rehabilitation Counseling from Southern Illinois University and is a Certified Rehabilitation Counselor, specializing in Substance Use Disorder prevention, treatment and recovery.

Brent is a Registered Nurse with experience in multiple clinical settings, including physical-medical rehabilitation and medical-surgical care. Brent is especially interested in novel approaches to address health and resource disparities affecting rural and minority populations.

1.0 NURSE CONTACT HOUR



Illinois Critical Access Hospital Network (ICAHN) is approved as a provider of nursing continuing professional development by the VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion: attend the full event and complete the online evaluation.

A relevant financial relationships was identified for the presenter, which has been mitigated.

This program is supported by a grant from the Illinois Department of Public Health for the Asthma Quality Improvement in Critical Access Hospitals project.