



Injury Prevention Program

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Purpose

Develop an injury prevention program for high school athletes to:

- Reduce risk of sports related injuries
- Enhance relationship between local athletes and Kirby Therapy Services

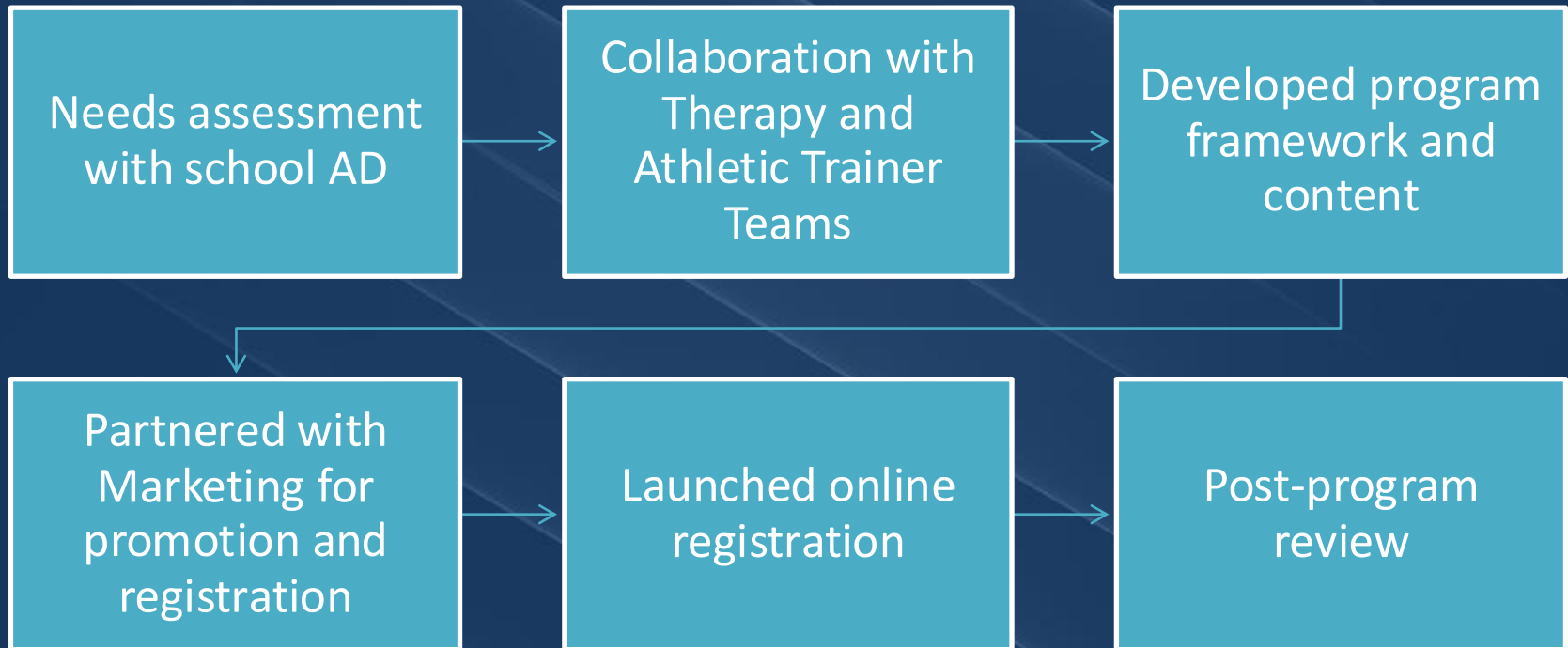
Identified Gap in Care

Referrals typically occur after injury

Limited direct connection with local school athletic programs

Inconsistent education on injury prevention

Planning and Implementation



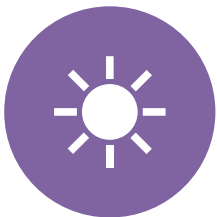
Recognized Barriers



Variable willingness
of other departments
to collaborate



Timing challenges
within school and
clinic schedules



Therapy staff
availability during
peak seasons



Online registration
access

Addressing the Barriers



EARLY ENGAGEMENT AND
COMMUNICATION WITH
INTERNAL DEPARTMENTS



FLEXIBLE SCHEDULING
ALIGNED WITH SCHOOL
CALENDARS



PILOT-SCALE
IMPLEMENTATION TO
MANAGE STAFFING DEMANDS



WORKING WITH MARKETING
TO IMPROVE WEBSITE AND
REGISTRATION ACCESS

Measures of Success

Improved patient
functional
outcomes

Staff and
participant
satisfaction

Data to support
expansion or
sustainment

Future Community Partnership Focus

Build	Build relationships with community schools
Partner	Partner with athletic directors, coaches, and school nurses
Provide	Provide education, screenings, and clear referral pathways
Position	Position Kirby as a trusted youth sports health partner



THANK YOU